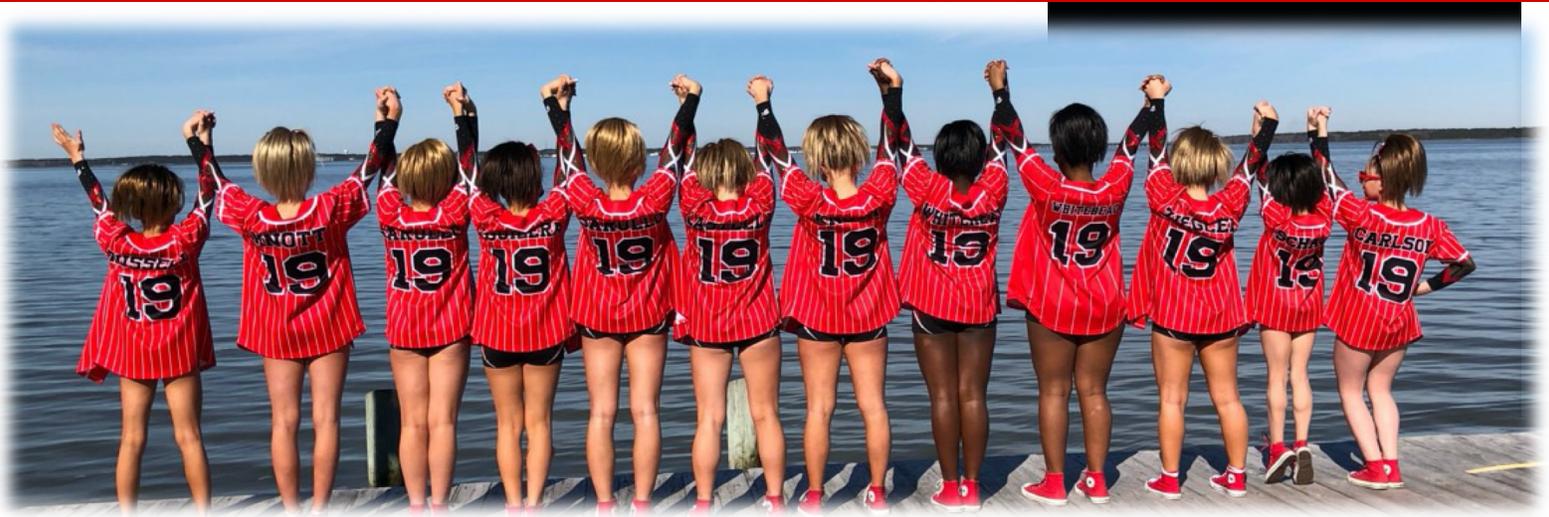


VALLEY ELITE



2021-2022

INFO PACKET



THE VALLEY DIFFERENCE

COME EXPERIENCE the VALLEY WAY!

- ★ Dedicated & Motivated coaches....CHEER is our passion!
- ★ The BEST certified tumbling instructors in the country!
- ★ Perfection before Progression....SAFETY is FIRST at Valley
- ★ FAMILY....We are one Family
- ★ Every athlete valued for their individuality.
- ★ Utilize only ELITE choreographers and technical advisors.
- ★ We develop ALL athletes to their fullest potential.



OUR COACHES

The driving force behind these young athletes, are their cheer coaches and their tumbling instructors. All have years of experience, are credentialed by their governing body USASF, and each and every one of them bring something special and different to every athlete. Valley Elite and our coaches work to develop the whole athlete - physically, mentally, and emotionally. Our athletes improve physical strength, coordination, and agility while becoming proud, confident team members who work together to reach their goals.

OUR TEAMS

“Team” is EVERYTHING at Valley Elite. We may have numerous teams BUT we are ONE TEAM. Valley Elite is not just a team on the floor or in the gym, we believe strongly in creating teams off the floor and out of the gym as much as possible. This develops camaraderie, family, leadership and respect. Throughout the year, we have numerous events such as sleepovers, picnics, retreats, holiday parties and much, much more! In addition, you can expect to find your children and their teammates making an impact for those in need in the community with Valley Gives back.



OUR FAMILY

Valley has always prided itself on having a “family atmosphere”. Our families are the core center of our organization. You will find many of our families volunteering their time on one of our many committees. Our individual families become one family...the Valley Elite Family.



OUR ATHLETES

During the process of developing some of the country’s best cheerleaders, we help our athletes realize their full potential by instilling positive attitudes, confidence, accountability, self-discipline, teamwork, good sportsmanship and self-esteem. Our athletes are given positive role models that inspire them to dream. The athletes we train today are our leaders of tomorrow.

VALLEY VISION



MISSION

Valley Elite is dedicated to encouraging and developing all athletes to their fullest potential in a fun and safe environment.

GOALS

To inspire and empower our athletes to achieve higher goals through self-confidence, motivation and teamwork.

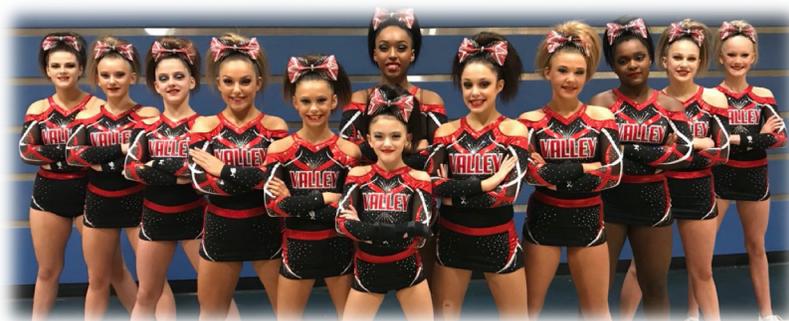
To integrate positive life lessons that will stay with them longer than any medal or trophy.

To build long lasting respectful relationships between athletes, coaches and families that will help in the growth and development of all.

MOTTO

WORK HARD ★ DO YOUR BEST ★ HAVE FUN

*It's NOT about the DESTINATION,
It's about the JOURNEY!*





PROGRAMS & TEAMS

FULL SEASON TEAMS

May 2021-April 2022
Novice, Prep & Elite Teams
Level 1-6

TINYS -ages 4-6
Practice 3-4 hours per week
Local travel
3-6 competitions

MINIS ages 5-9
Practice 3-4 hours per week
Local travel 3-6 Competitions

YOUTH ages 6-12
Practice 4-6 hours per week
Local and regional travel
5-8 competitions

JUNIOR ages 8-16
Practice 4-6 hours per week
Local and regional travel
5-8 competitions

SENIOR ages 11-18
Practice 4-6 hours per week
Local and regional travel
5-8 competitions

HALF SEASON TEAMS

December 2021-April 2022
Sign ups in November 2021

Half season teams will practice 1-2 days per week and attend 3 competitions.

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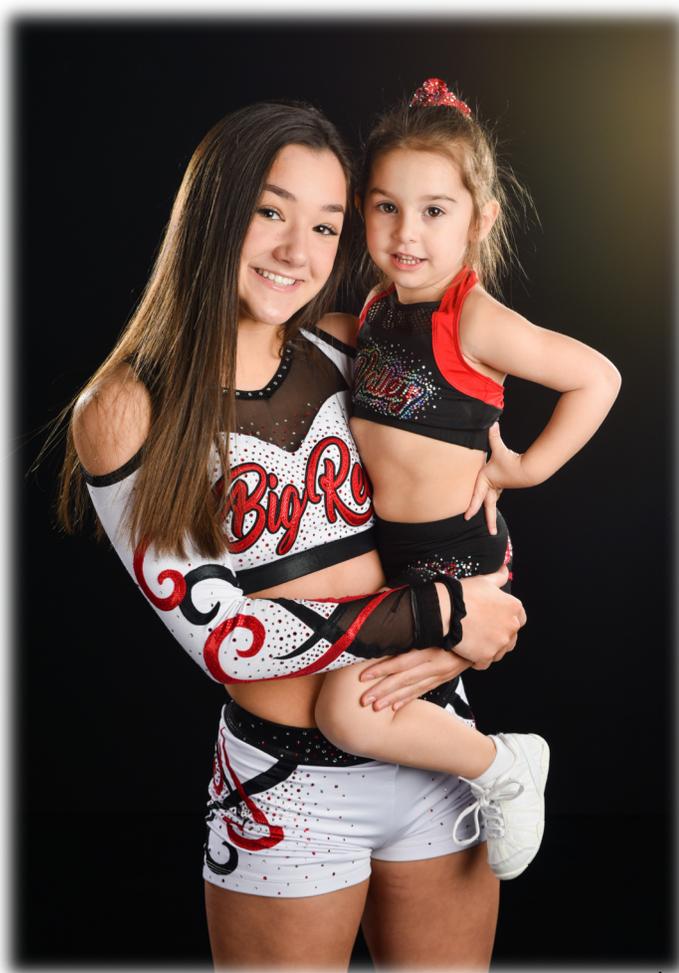
TINY

MINI

YOUTH

JUNIOR

SENIOR



VALLEY ELITE

TRYOUT INFO

EVALUATIONS & PARENT MEETINGS

Get READY for tryouts. EVALUATIONS are for ALL athletes, both current and new! Athletes will work on skills with our coaches needed for tryouts. There will also be an informational parent meeting for NEW families! During evaluations, we have conversations with athletes about what is expected of them, what the process will be at tryouts, and what they will need to work on for that tryout day! ATHLETES will be able to work on skills to prepare for tryouts. They will also learn a dance that they will perform at tryouts.

TUESDAY, MAY 4TH 6:00-8:00
THURSDAY, MAY 6TH 6:00-8:00

TRYOUTS

TRYOUTS will be an easy and relaxed atmosphere. The first day of tryouts will be by skill level and athletes will perform dance, tumbling and jumps. That evening the athletes will be given a time to return the next day for stunting tryout. Our first session will be for all athletes that do not have back handsprings. The second session will be for athletes that have a back handspring and above.

FRIDAY, MAY 7TH

SESSION I
REGISTRATION 5:00-5:30
TRYOUTS 5:30-7:00

SESSION II
REGISTRATION 7:00-7:30
TRYOUTS 7:30-9:00

SATURDAY, MAY 8th
CALL BACKS

PROCESS

We make the evaluation process as low-stress as possible. At our skills training clinics, the athletes work side-by-side with other athletes in their level/age group. They will be given numerous chances to demonstrate skills that they have already learned. We will also teach them NEW SKILLS that they will need throughout the season. There will be stunting and tumbling instructors present. We want the athletes to be relaxed, so the entire process is as much like a regular practice as possible. VALLEY ELITE does not turn athletes away. Any athlete with a desire to learn can be taught and our staff will work with all skill levels to develop their fullest potential.

TRYOUT CHECKLIST

- ONLINE REGISTRATION
- \$60 FEE (\$50 IF PAID PRIOR TO APRIL 30TH
PAID through VENMO @Valley-Elite.
Please put athlete name in the notes
- EVALUATION FORM WITH PHOTO

WHAT'S NEXT??



Ok, you went through evaluations and tryouts, what's next? Our coaches will work together to place athletes on teams based on skill and age. We then have a FUN TEAM REVEAL in the gym just a few days after. The athletes will meet their new team mates and talk about the new season. At that time the teams will also receive a small info pack with team info and practice schedule.

The following week we will start the 2021-2022 season!!

Please see the dates below for more detailed info

DATES TO REMEMBER

2021-2022 DATES TO REMEMBER

- MAY 4th and 6th -EVALUATIONS 6:00-8:00
- MAY 7th –5:00 REGISTRATION TRYOUTS 5:30-7:00 (athletes w/out back handsprings)
- MAY 7th –7:00 REGISTRATION TRYOUTS 7:30-9:00 (athletes with back handsprings &above)
- MAY 8TH -- CALL BACKS (athletes will be given times on Friday the 8th)
- MAY 10th – 6:00-9:00 TEAM REVEAL
- MAY 17th PRACTICES START
- MAY 17th and 18th MANDATORY PARENT INFO MEETINGS
- JUNE 18th, 19th 20th BOOT CAMP ALL TEAMS (in gym)
- JUNE 28th -JULY 4th -- GYM IS CLOSED
- AUGUST TBD —SKILLS CAMP
- AUGUST TBD —CHOREOGRAPHY
- SEPTEMBER TBD —CHOREOGRAPHY
- SEPTEMBER TBD—TUMBLE CAMP (Special Guests Instructors)
- SEPTEMBER 11TH—SATURDAY practices begin
- OCTOBER 31ST GYM CLOSED
- NOVEMBER 24^H AND 25TH GYM CLOSED (THANKSGIVING)
- DECEMBER 24TH, 25TH, 26TH GYM CLOSED
- JANUARY 1ST GYM CLOSED